



All They Really Need: Trusting the Wisdom of Nature to Raise Resilient Kids

CREATING A PLAN FOR ADVOCACY

There are some basic steps that can help you support your child to plan an act of advocacy (tip: the same steps are just as applicable to “adult” advocacy).

What causes or injustices do you feel strongly about? (It’s important to be truly passionate to stay motivated.)

What needs are apparent in the world or your community? Learn all you can about the subject. Where can you find out more? What are the causes of the problems that you see?

Where is help wanted? (Our efforts are most impactful when we ask others what they need and want.) Who is already doing work on this cause? How can you get information about what help is needed and what work is being done? (Often the best way we can contribute—and learn—is to contribute to and amplify the good work already being done rather than reinventing the wheel.)



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What needs to change? Be as specific as possible about what you'd like to see happen. Use your imagination; if a miracle happened, and you woke up tomorrow and the change had occurred, how would things look/see/smell/feel? Draw a picture if that would help.

Who has the power to effect the change you want to see? What do you want them to do? What message is likely to change their choices?

What is the most appropriate and effective way to communicate your message? Be creative: what skills or resources do you have? What brings you joy? (This is the best way to make sure your efforts are feasible and sustainable.)

Work out the nitty-gritty details. How many people do you need? What resources are required? How will you get the word out? Create a timeline and make a schedule. Who is responsible for what?